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MEMBERS – WILL YOU SPEAK AT ANY 4-H COMMUNICATIONS EVENTS?

There are MANY reasons to do so:

- Public speaking builds confidence.
- Public speaking boosts your self esteem.
- Helps you become a more organized thinker.
- By accepting the challenge to speak in public you learn about your own potential.
- Public speaking gives you the courage to break out of your comfort zone.
- Oral communications is one of the top skills demanded by employers!



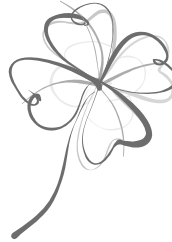
There are more benefits. Rather than reading the additional items, why don't you decide on a topic and get started. There are several communications categories. If you wish to have some help, do contact your local Manitoba Agriculture, Food and Rural Initiatives office for resources.

THANK YOU

for your patience with the roll out of the new projects. MAFRI staff are equally as excited to see the latest versions and have most of them available!

REMINDER

Clubs wishing to have some training on "Magic Meetings" or on "Perfecting Presentations" do identify your requests with Tracey Drabyk-Zirk, 266-1410.



EASTMAN 4-H COUNCIL MEETING

January 13, 2010, 7:00 p.m.

Anola Over 50 Club

(storm date January 20)

Key agenda items:

Eastman 4-H Communications and Achievements

Thanks to Lissa Vincent who represented Eastman 4-H Council at the MB 4-H Council meeting in October and to Lissa, Rae Ann Paxton, Corney Dyck and Kristine Penner who let their names stand for Eastman 4-H Council executive positions.

The **EASTERN REGION 4-H LIGHT HORSE ASSOCIATION** held a clinic and schooling show on July 25 & 26, 2009 at AliDale Farms in Steinbach. Classes offered were showmanship, western equitation, English equitation, barrels, poles and trail. They were also shown how to get their horses ready for a show.



The 4-H kids and parents all had a great time and learned a lot over the weekend. It was exciting to see the kids improve their performance over the course of the weekend. The Eastern Region committee decided to create a learning environment in the form of a clinic and a schooling show so that the kids could learn what the judge is looking for and to

prepare them for going to open shows. With all the positive feedback we received, we hope to have more clinics in the future. Committee members were: Annette McCaughan of the Beausejour Moonlight Riders, Marion Watson of the Eastern Equine Equality Combined Club, Laura Hiebert of the St. Malo Ghost Riders and Alice Barkman of the Stony Ridge Riders.

Funds for this event were accessed via available MAFRI dollars that Eastman 4-H Council applied for. Requests for 2010-2011 funds may be sent to Eastman 4-H Council, Attention: Corney Dyck, Box 24, Woodmore R0A 2M0. Due Date: January 29, 2010.

Should Eastman 4-H Council prioritize **4-H Camp** as a program in the 2010-2011 year, the date available is July 11-16, 2010 (tentative)



IMPORTANT NOTICE!

Manitoba 4-H Council is sending much of their correspondence to 4-H families via email. If your address has changed, do let you local MAFRI office know.